

TOOL #10B - QUESTIONNAIRE

Help At Home! Help At School!

Being aware of the kind of help we can offer is good practice for providing help when it's needed! Let's think of as many ways as we can that we can be helpful at home, and at school!

<u>AT HOME</u>		<u>I Can</u>	<u>I Don't Want</u>
		<u>Do This!</u>	<u>To Do This!</u>
✓	Offer to help make food for dinner.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to help wash dishes after dinner.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to take out the garbage.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help keep a grocery list of what's needed.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help plant and maintain the lawn or garden.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Make sure that the room I sleep in is clean.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to read to a younger child.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to walk the dog; feed the cat.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help wash the family car.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to help sort the laundry.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help make plans for the family vacation.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help stop a fight before it starts!	<input type="checkbox"/>	<input type="checkbox"/>
<u>AT SCHOOL</u>		<u>I Can</u>	<u>I Don't Want</u>
		<u>Do This!</u>	<u>To Do This!</u>
✓	Do my best to get along with other kids.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Help new kids feel more comfortable.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Treat all kids as I'd like them to treat me.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Be a good listener.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Pay attention to and respect my teachers.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Participate in positive school spirit.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Be respectful toward teachers and kids who think differently than I do.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer to help when and where I can.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Create ways to help kids do well.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Participate in school activities.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Offer information in a caring, considerate way.	<input type="checkbox"/>	<input type="checkbox"/>
✓	Stop conflict before it starts!	<input type="checkbox"/>	<input type="checkbox"/>